



High School & College

Life after middle school...

Suggested Schedules for High School Completion

220 Minimum Credits are required for graduation

These are suggested guidelines only. You may modify your individual student's schedule by working with your PLT.

Graduation	UC/CSU College Prep
9 th Grade	9 th Grade
10 – English 9 10 – Math (Integrated 1/Algebra 1 or higher) 10 – Science (Integrated Science 1) 10 – Physical Education 10 – Foreign Language, VAPA, or CTE 10 – Life Skills/Vocational Skills/Technology <hr/> 60 Credits	10 – English 9 (a-g) 10 – Math (a-g Integrated 1/Algebra 1 or higher) 10 – Science (a-g Integrated Science 1/Earth Science) 10 – Physical Education 10 – Foreign Language (a-g) 10 – Life Skills/Vocational Skills/Technology <hr/> 60 Credits
10th Grade	10th Grade
10 – English 10 10 – Math (Integrated 1/Algebra 1 or higher) 10 – World History 10 – Science (Integrated Science 2 or Biology) 10 – Physical Education 10 – Foreign Language, VAPA, or CTE <hr/> 60 Credits	10 – English 10 (a-g) 10 – Math (a-g Integrated 2/Geometry or higher) 10 – World History (a-g) 10 – Science (a-g Integrated Science 2/Biology) 10 – Physical Education 10 – Foreign Language (a-g) <hr/> 60 Credits
11th Grade	11th Grade
10 – English 11 10 – U.S. History 10 – Math ((Integrated 1/Algebra 1 or higher) 10 – Science (Integrated Science 3 or Earth Science) 20 – Elective (examples): <ul style="list-style-type: none"> • Community College Course • Career Technical Education (CTE) • Driver Education • Visual /Performing Arts • Academic Elective <hr/> 60 Credits	10 – English 11 (a-g) 10 – U.S. History (a-g) 10 – Math (a-g Integrated 3/Algebra 2 or higher) 10 – Science (a-g Integrated 3, Chemistry, Physics, or Astronomy) 10 – Visual Performing Arts (a-g) 10 – Elective (examples): <ul style="list-style-type: none"> • Community College Course • Career Technical Education (CTE) • Driver Education • Academic Elective <hr/> 60 Credits
12th Grade	12th Grade
10 – English 12 10 – U.S. Govt./Economics 40 – Elective (examples): <ul style="list-style-type: none"> • Community College Course • Career Technical Education (CTE) • Visual /Performing Arts • Academic Elective <hr/> 60 Credits	10 – English 12 (a-g) 10 – U.S. Govt./Economics (a-g) 10 – Math (a-g Pre- Calculus/Calculus) 10 – Science (a-g Chemistry or Physics or higher) 10 – College-Preparatory Elective (a-g) 10 – Elective (examples): <ul style="list-style-type: none"> • Community College Course • Career Technical Education (CTE) • Academic Elective <hr/> 60 Credits

P = a-g college prep

Foundations = with modifications for students with a current SST, IEP, or 504



To receive a high school diploma

- Pass all courses required for graduation, and
- Earn 220 course credits at traditional schedule schools or 280 credits at block schedule schools, and
- Satisfy additional school board approved requirements, such as senior project or community service.



Traditional vs. Block Schedule

- Traditional: This schedule allows for six class periods in a day that last for the entire year and students change classes every 50 or so minutes.
- Block: This schedule is a school day with longer and fewer periods that allow more time for individual classes. Each day consists of four 90 minute periods with lunch and passing time included. Students take four classes a semester for a total of eight per year. This schedule allows for an additional one or two classes per year than the traditional schedule.



Senior Project

- It's met through a semester course
- Four required components:
 - The service learning project
 - The paper
 - The portfolio
 - The presentation



On-Campus Attendance Requirements

- 9th, 10th, & 11th graders:
 - Enrolled in a minimum of 6 classes per day on campus each semester (30 credits)
- 12th graders:
 - No less than 5 classes per school day
 - A written permission slip is required from a legal guardian before the principal or designee considers allowing this schedule.



Seniors 5 period request

- To attend a Regional Occupational Program (ROP) class off-campus
- To attend a concurrently enrolled college class
- To maintain employment as a means of family support
- For any compelling reason determined by the principal or designee to be appropriate



Seniors 5 period request

- Has a 2.5 or higher GPA (Grade Point Average)
- Has passed the CAHSEE (both mathematics and Language Arts)
- Has satisfied school attendance
- Has satisfied school behavior
- Is on target to graduate in June of the current school year



Grades

- High School Only
 - D or better required
- UC/CSU requirements
 - C or better required



ROP

- Tuition-free career preparation training. Programs include high demand training such as automotive, construction, office computer skills, information technology training (database design, Web authoring, network administration, and computer repair), health occupations (nurse assistant, dental assistant, EMT, etc.), retail sales, careers with children and other occupational areas.
- Most of the training is offered on a high school campus and has an "on-the-job" internship at an employer job site in addition to the classroom training.

CSU High School Subject Requirements



1. History and Social Science ■ 2 years
2. English ■ 4 years
3. Mathematics ■ 3 years
4. Laboratory Science ■ 2 years
5. Second Language ■ 2 years
6. Arts ■ 2 years
7. College Preparatory Elective ■ 1 years



High school in our area...

- Mira Loma High School, San Juan Unified School District
- Laguna Creek High School and Oakmont High School, Elk Grove Unified School District
- Granite Bay High School, Roseville Joint Union High School District
- Oakmont High School, Roseville Joint Union High School District
- Cordova High School, Folsom Cordova Unified School District
- Luther Burbank High School, Sacramento City Unified School District
- Inderkum High School, Natomas Unified School District